

# Ebactyle 20 Tablet

## Ebastine (20 mg) Tablet

### Composition:

#### Each tablet contains:

- Ebastine: 20 mg

### Pharmacological Class:

- Antihistamine (Second-Generation H1-Receptor Antagonist)

### Indications:

Ebastine is used for the management of allergic conditions, including:

- Seasonal Allergic Rhinitis (Hay fever)
- Perennial Allergic Rhinitis
- Chronic Idiopathic Urticaria (hives)
- Other allergic conditions associated with histamine release

### Mechanism of Action:

Ebastine selectively blocks H1-histamine receptors, inhibiting the effects of histamine in allergic reactions. It provides relief from symptoms such as sneezing, nasal congestion, itching, and hives. As a second-generation antihistamine, it has minimal sedative effects compared to first-generation agents.

### Dosage and Administration:

- Adults and children over 12 years:
  - For allergic rhinitis: 10 mg to 20 mg once daily.
  - For chronic urticaria: 20 mg once daily.
- The tablet should be swallowed whole with water, with or without food.
- Dosage may be adjusted based on the severity of symptoms and medical advice.

### Contraindications:

- Hypersensitivity to Ebastine or any of the tablet's components.
- Severe hepatic impairment.

### Warnings and Precautions:

- **Hepatic Impairment:** Use with caution in patients with mild to moderate liver dysfunction.
- **Cardiac Effects:** Ebastine may prolong the QT interval in some individuals; caution is advised in patients with a history of arrhythmias or concurrent use of QT-prolonging drugs.
- **Renal Impairment:** Dose adjustment may be necessary.
- **Pregnancy and Breastfeeding:**
  - **Pregnancy Category B: Limited data available;** use only if clearly needed and prescribed by a healthcare provider.
  - It is not recommended during breastfeeding as it is unknown if Ebastine is excreted in breast milk.

### Side Effects:

#### Common side effects:

- Headache
- Dry mouth
- Drowsiness (rare)
- Nausea

#### Less common but serious side effects:

- Allergic reactions (rash, itching, swelling)
- Dizziness or fainting (indicating potential cardiac effects)

### Drug Interactions:

- Macrolide antibiotics (e.g., erythromycin) and azole antifungals (e.g., ketoconazole): May increase the risk of QT prolongation.

- **CYP3A4 inhibitors (e.g., ritonavir): May increase plasma concentrations of Ebastine.**
- **Alcohol: Concurrent use may enhance sedative effects, though minimal sedation is expected with Ebastine.**

**Storage:**

- **Store below 25°C in a dry place, protected from light and moisture.**
- **Keep out of reach of children.**

**Packaging:**

**Available in blister packs of 10 or 20 tablets.**

**Manufacturer:**

- **[Manufacturer Name]**

**Note:**

**This medication should be taken under the supervision of a healthcare provider. Avoid driving or operating heavy machinery if drowsiness occurs. Report any unusual side effects promptly.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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